



Ann E. Stanger, MD

Specializing in Longevity Medicine and Natural Hormone Therapy



Dear Patient,

Thank you for scheduling an appointment with me. Congratulations on taking this step toward better health. Please allow this letter to act as an introduction to my practice and policies. Please complete my medical history form prior to your appointment. Please bring this and any pertinent medical records with you to your appointment.

Your initial visit will last approximately one hour, during which time I will discuss your health concerns with you, take a detailed medical history, review your lifestyle issues and, if needed, perform a brief physical exam. Laboratory studies may be recommended after our initial discussion. I will call you regarding the results of labs drawn in the office. Follow up visits are scheduled as needed to monitor therapy and further discuss laboratory results. Please allow thirty minutes for these appointments. Later follow up appointments may be arranged as phone consults if traveling to the clinic is a hardship for you.

The initial appointment is \$180.00 and the follow up appointment is \$90.00. Phone consults are \$35.00 per 10 minute increments. The cost of laboratory testing, nutritional supplements and medications are not included in the office fee. Payment is expected at the time of service unless arrangements have been made with us prior to your appointment. We will file a claim for service to your insurance company for reimbursement if desired. You should contact your insurance company prior to your appointment to inquire about specific coverage for seeing me.

Our office is conveniently located on the south side of Madison, near the intersection of Fish Hatchery Road and PD/McKee Road. I see patients Monday through Thursday 8:30 a.m. until 1:30 p.m. and Wednesdays until 6:00 p.m. If you must cancel your appointment, please do so more than 24 hours in advance so that we may fill the spot with someone who is waiting to get in to see me. **Please do not wear perfume or other strong scents into our office.**

I will work with you as a partner in your health care. Health is more than an absence of disease. It is a freedom from pain and fatigue, a feeling of vitality, a sense of well being and confidence. Together we can work to restore these parameters of health by utilizing cutting edge laboratory and bio-energetic testing, diet and lifestyle modification, vitamin, herbal and homeopathic therapies and natural hormone therapy. I look forward to working with you.

Sincerely,

Ann E. Stanger, MD

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